



索書號：WM190/L137h

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介購單位：精神科

書名：**How to talk to a borderline**

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內容簡介：In *How to Talk to a Borderline*, Joan Lachkar introduces Borderline Personality Disorder (BPD) and outlines the challenges and difficulties it presents to clinicians. She expands current understanding of BPD by outlining eight different kinds of borderline personality disorders and how each of these requires specific communication techniques and methods. Case examples are offered throughout the text and in some cases describe the kinds of partners borderlines attract. This book offers new approaches to communicating, working with, and treating borderline personality disorders while integrating more contemporary treatment methods.

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- 1 The Borderline: An Overview
 - An Invitation to the Dance
 - Choreographing the Endless Round of Primitive Defenses and Regressive Behaviors
 - The Case of Bill and Sara
 - Primitive Defenses and Psychodynamics
 - Shame Versus Guilt
 - The True and False Self
 - Envy Versus Jealousy
 - Domination Versus Submission
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 - My Good Friend, the Borderline: Capacity for Good Object Relations
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