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**書名：Hippocrates' shadow**

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**內容簡介：** The root of this divergence, writes Dr. Newman, lies in the patterns of secrecy and habit that characterize the House of Medicine, modern medicine's entrenched and carefully protected subculture. In reflexive, often unconscious defense of this subculture, doctors and patients guard medical authority, cling to tradition, and yield to demands that they *do* something or *prescribe* something.

The result is a biomedical culture that routinely engages in unnecessary and inefficient practices, and leaves both patient and doctor dissatisfied. While demonstrating an abiding respect for, and a deep understanding of, the import of modern science, Dr. Newman reviews research that refutes common and accepted medical wisdom. He cites studies that show how mammograms may cause more harm than good; why antibiotics for sore throats are virtually always unnecessary and therefore dangerous; how cough syrup is rarely more effective than a sugar pill; the power and paradox of the placebo effect; how statistics and studies themselves are frequently deceptive; and why CPR is violent, invasive -- and almost always futile.

**目錄：**

1. We don't know
2. It doesn't work
3. We don't agree
4. We don't talk
5. We prefer rests
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9. A new old paradigm