







Padre Reverend Richard Rowe, Royal Navy, with his communion loaf, Role 3 Hospital, Camp Bastion IN LOVE AND WAR, p.16



CONTENTS

EDITORIALS

- 1 How 21st century capitalism is failing us
- 2 Imbalance of power between patients and doctors
- 3 Making music in the operating theatre
- 4 The BM/s Christmas Appeal

GOING TO EXTREMES

- 5 Captain Webb's legacy: the perils of swimming the English Channel
- 8 The Darwin Awards: sex differences in idiotic behaviour
- 10 Cross sectional study of political affiliation and physical activity
- 12 Effect of vitamin D₃ supplementation on adverse effects of earthquakes
- 14 Against the odds in Las Vegas

IN LOVE AND WAR

- 16 The secret lives of the Bastion Bakers
- 18 Guerrillas in the mist: how I met a Colombian rebel leader
- 20 Righteous Among the Nations: doctors and medical students
- 22 Don't look away now

MEDIA STUDIES

- 24 Televised medical talk shows—what's their evidence?
- **26 CARTOONS KILL**
- 28 Transmissibility of the Ice Bucket Challenge among globally influential celebrities
- 30 Healer, dealer, heart stealer: portrayals of the doctor in popular music
- 32 Doctors: caring extroverts or self deluded chocoholics?

GASTROENTEROLOGICAL TRACTS

- 34 Are some diets "mass murder"?
- 37 When somebody loses weight, where does the fat go?

ON THE WARDS, IN THE SURGERY

- 39 Medical training: forgotten common competences
- 40 Why are magazines in practice waiting rooms so old?
- 42 The King Canute GP appointment system
- 44 Operating theatre time, where does it all go? A prospective observational study
- 46 Utility of Hippocrates' prognostic aphorism to predict death in the modern era
- 48 Medical eponyms: taxonomies, natural history, and the evidence

FOUND IN TRANSLATION

- 50 Acronyms: qualitative and quantitative systematic study
- 52 Use of Google Translate in medical communication
- 53 English as she is mis-spoke, misread, and miswrote

DIGITAL HIGHLIGHTS

54 Bonus Christmas articles, and more