Embase AI

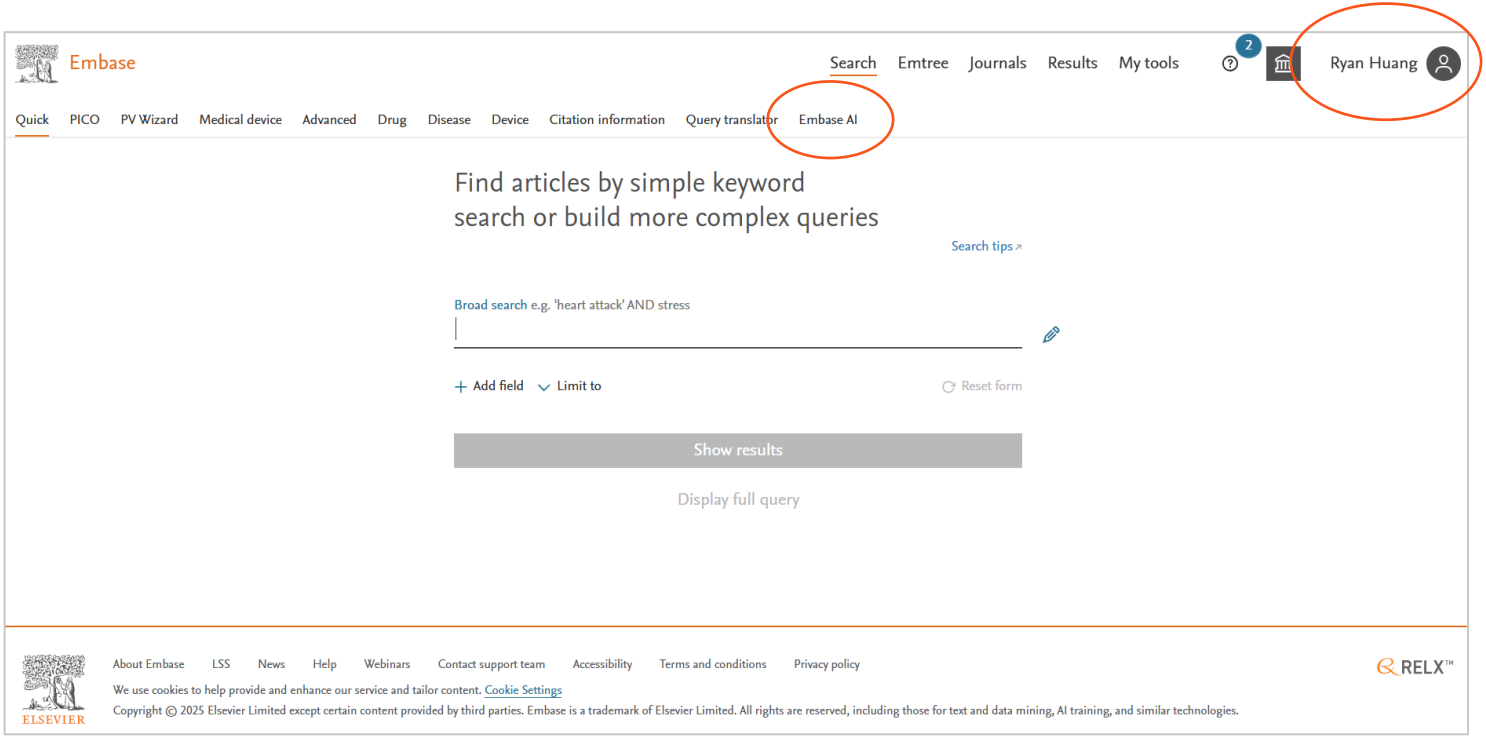
簡易操作手冊

Ryan Huang
r.huang@elsevier.com
Elsevier Life Science Account Manager
Southeast Asia & Taiwan

目錄

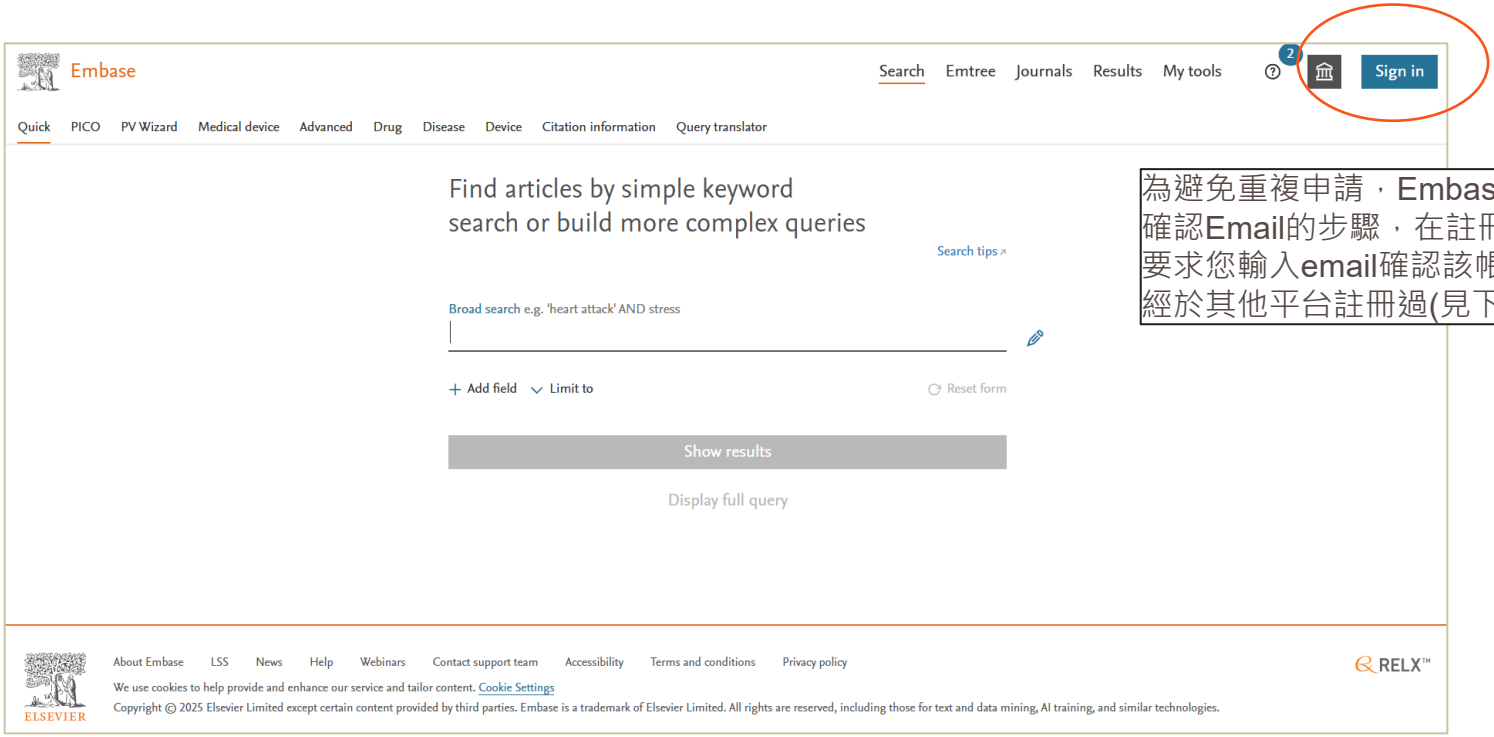
如何開啟Embase AI介面?

登入個人帳號即可開啟



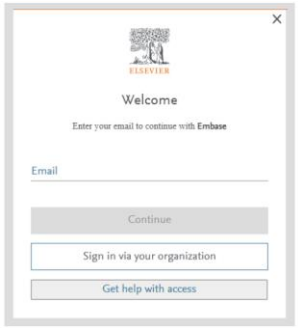
如何註冊Embase個人帳號?

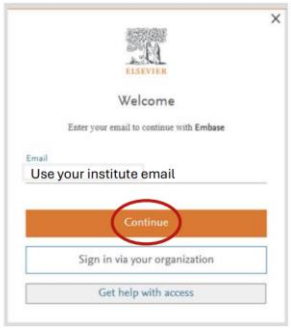
請從圖書館電子資源系統 > Embase >資料庫首頁

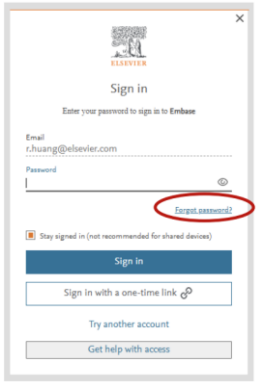


為避免重複申請，Embase會有一個確認Email的步驟，在註冊流程前會要求您輸入email確認該帳號是否已經於其他平台註冊過(見下頁)

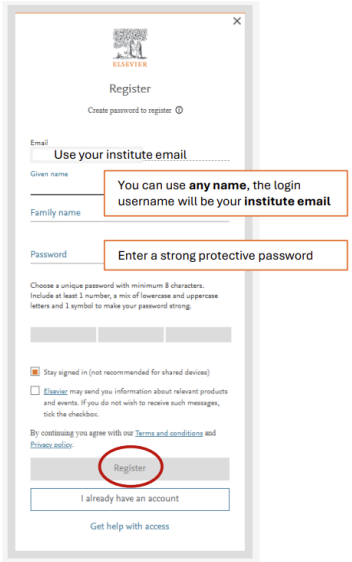
如何註冊Embase個人帳號?







您的帳號已申請，按下忘記密碼來重新找回帳號。



正式申請，請用長庚網域的email。

Embase AI: 如何運作

Ask your question

LLM transforms question into Embase query

Retrieves full result set

LLM processes most relevant records

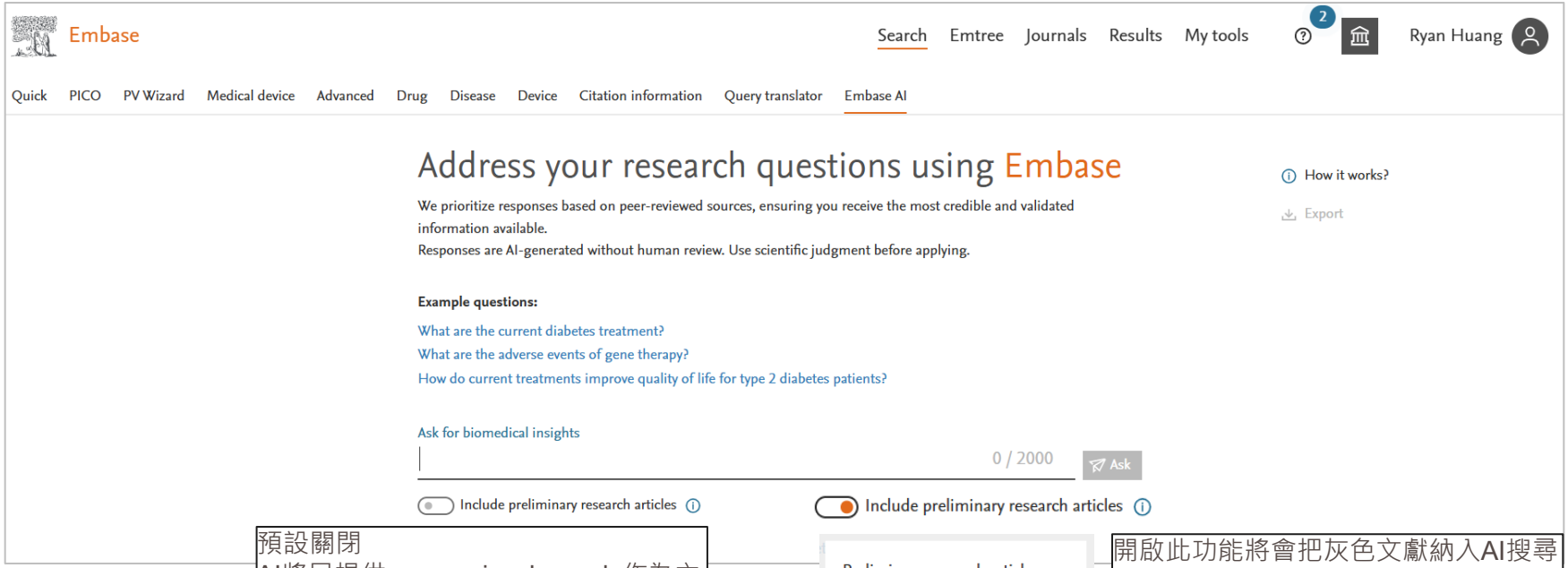
Provides summary response with in-line references

特色1
顯示EmbaseAI將您的臨床提問翻譯為Embase檢索指令。

特色2
提供完整文章清單。

提供最相關五篇文獻與進行摘要整理。

Embase AI 介面導覽 – 灰色文獻開關



預設關閉
AI將只提供peer review journals作為主要內容

開啟此功能將會把灰色文獻納入AI搜尋範圍：
Preprints
國際研討會摘要
登記於美國Clinicaltrials.gov網站之臨床研究

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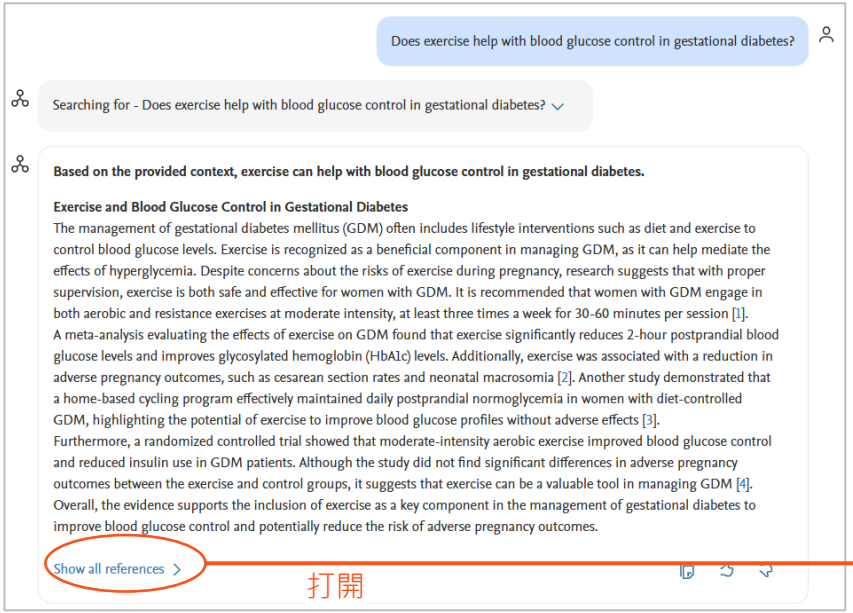
Embase AI – 最相關五篇文獻與摘要整理



References:

1. *Review* • Embase
   Exercise guidelines for gestational diabetes mellitus
   Padayachee C., Coombes J.S.
   World Journal of Diabetes 2015 **6:8** (1033-1044)
   Abstract Index terms Full text Similar records

2. *Article* • Embase, MEDLINE
   Exercise Intervention Improves Blood Glucose Levels and Adverse Pregnancy Outcomes in GDM Patients: A Meta-Analysis
   Li X., Luo R., Qiao B., Ou H.
   Computational and Mathematical Methods in Medicine 2022 **2022** Article Number 9287737
   Abstract Index terms Full text Similar records

3. *Article* • MEDLINE
   Home-based exercise training improves capillary glucose profile in women with gestational diabetes
   Halse R.E., Wallman K.E., Newnham J.P., Guelfi K.J.
   Medicine and science in sports and exercise 2014 **46:9** (1702-1709)
   Abstract Index terms Full text Similar records

4. *Article* • Embase
   Effects of Moderate-Intensity Aerobic Exercise on Blood Glucose Levels and Pregnancy Outcomes in Patients With Gestational Diabetes Mellitus: A Randomized Controlled Trial
   Yaping X., Huifen Z., Meijing Z., Huibin H., Chunhong L., Fengfeng H., Jingjing W.
   Diabetes Therapy 2021 **12:9** (2585-2598)
   Abstract Index terms Full text Similar records

5. *Review* • Embase, NURSING
   Exercise: An alternative therapy for gestational diabetes
   Artal R.
   Physician and Sportsmedicine 1996 **24:3**
   Abstract Index terms Full text Similar records

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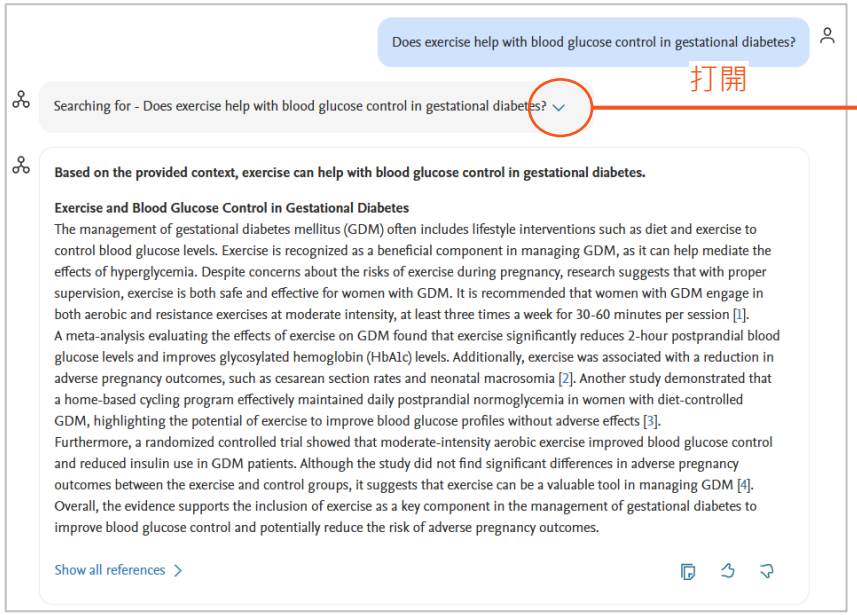
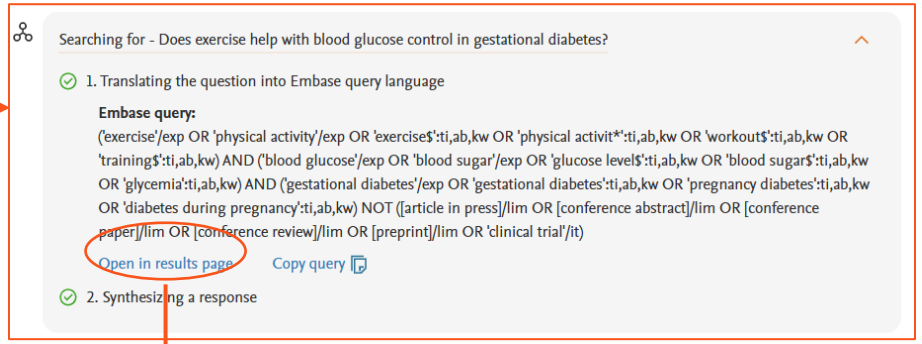
Embase AI – 背景檢索指令與所有文獻列表





所有文章會傳至結果頁面，可進一步使用過濾工具篩選。

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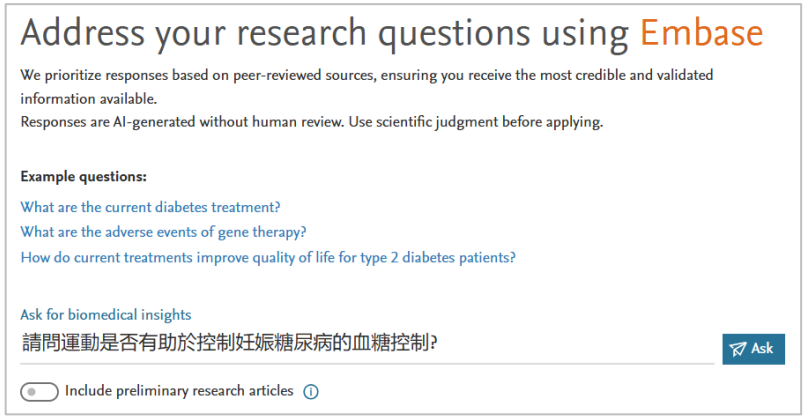
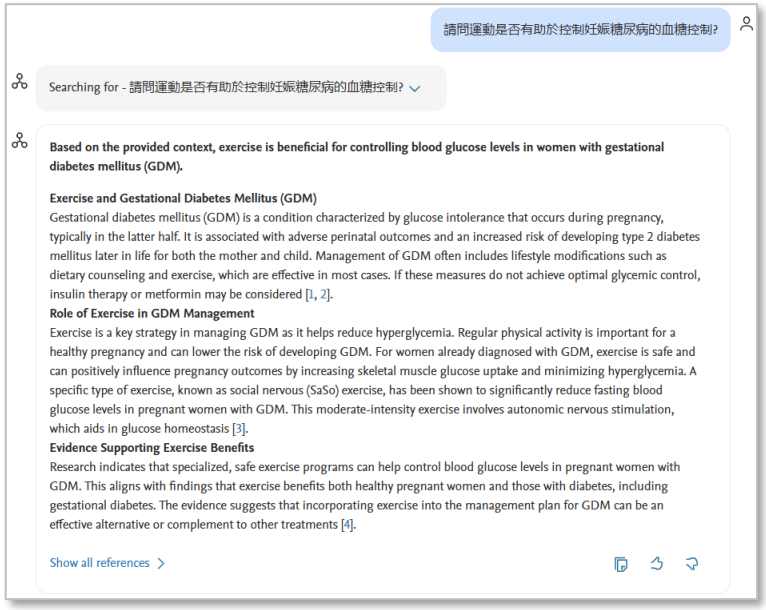
Embase AI – 支援中文提問

預設回答
1. 提供最相關五篇文獻
2. 提供英文摘要





可要求Embase AI以中文進行摘要

Embase AI – 常用的prompt詞

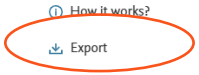
Give me recent 3 years articles

Embase query:
'systematic review'/de AND ('blood glucose'/exp OR 'blood sugar'/exp OR 'glucose level$':ti,ab,kw OR 'blood sugar$':ti,ab,kw OR 'glycemia':ti,ab,kw) AND ('diabetes mellitus'/exp OR 'diabetes':ti,ab,kw OR 'diabetic':ti,ab,kw) AND ('exercise'/exp OR 'physical activity'/exp OR 'exercise$':ti,ab,kw OR 'physical activit*':ti,ab,kw OR 'workout$':ti,ab,kw OR 'fitness':ti,ab,kw) AND [2020-01-01]/sd NOT ([article in press]/lim OR [conference abstract]/lim OR [conference paper]/lim OR [conference review]/lim OR [preprint]/lim OR 'clinical trial'/it)

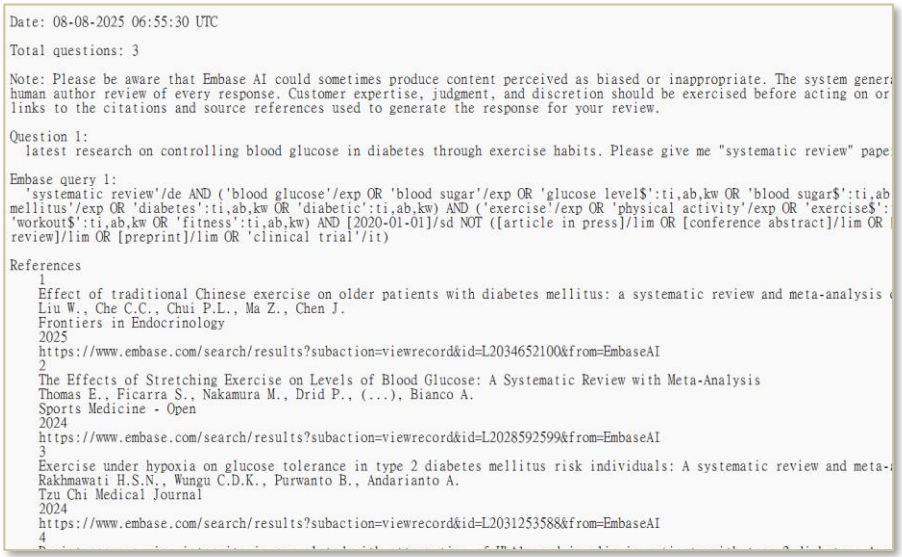
Please give me "systematic review" paper only

Embase query:
[2022-08-08]/sd AND ('systematic review'/de OR 'review'/it) AND ('blood glucose'/exp OR 'blood glucose':ti,ab,kw OR 'glucose level$':ti,ab,kw) AND ('exercise'/exp OR 'physical activity'/exp OR 'exercise$':ti,ab,kw OR 'physical activit*':ti,ab,kw) AND ('diabetes mellitus'/exp OR 'diabetes$':ti,ab,kw OR 'diabetic$':ti,ab,kw) NOT ([article in press]/lim OR [conference abstract]/lim OR [conference paper]/lim OR [conference review]/lim OR [preprint]/lim OR 'clinical trial'/it)

Embase AI – AI答覆輸出與歷史紀錄



時間戳記、提問與AI答覆可用Export功能輸出，目前僅提供txt文字格式。



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Date: 08-08-2025 06:55:30 UTC

Total questions: 3

Note: Please be aware that Embase AI could sometimes produce content perceived as biased or inappropriate. The system gener
human author review of every response. Customer expertise, judgment, and discretion should be exercised before acting on or
links to the citations and source references used to generate the response for your review.

Question 1:
  latest research on controlling blood glucose in diabetes through exercise habits. Please give me "systematic review" pape

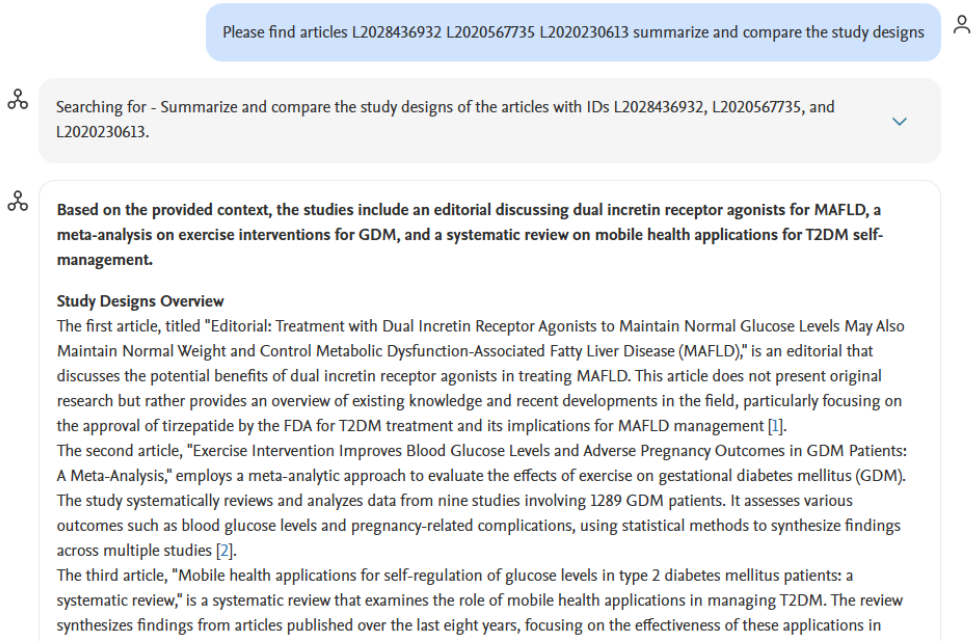
Embase query 1:
  'systematic review'/de AND ('blood glucose'/exp OR 'blood sugar'/exp OR 'glucose level$':ti,ab,kw OR 'blood sugar$':ti,ab
mellitus'/exp OR 'diabetes':ti,ab,kw OR 'diabetic':ti,ab,kw) AND ('exercise'/exp OR 'physical activity'/exp OR 'exercise$':
'workout$':ti,ab,kw OR 'fitness':ti,ab,kw) AND [2020-01-01]/sd NOT ([article in press]/lim OR [conference abstract]/lim OR
review]/lim OR [preprint]/lim OR 'clinical trial'/it)

References
    1
    Effect of traditional Chinese exercise on older patients with diabetes mellitus: a systematic review and meta-analysis
    Liu W., Che C.C., Chui P.L., Ma Z., Chen J.
    Frontiers in Endocrinology
    2025
    https://www.embase.com/search/results?subaction=viewrecord&id=L2034652100&from=EmbaseAI
    2
    The Effects of Stretching Exercise on Levels of Blood Glucose: A Systematic Review with Meta-Analysis
    Thomas E., Ficarra S., Nakamura M., Drid P., (...), Bianco A.
    Sports Medicine - Open
    2024
    https://www.embase.com/search/results?subaction=viewrecord&id=L2028592599&from=EmbaseAI
    3
    Exercise under hypoxia on glucose tolerance in type 2 diabetes mellitus risk individuals: A systematic review and meta-
    Rakhmawati H.S.N., Wungu C.D.K., Purwanto B., Andarianto A.
    Tzu Chi Medical Journal
    2024
    https://www.embase.com/search/results?subaction=viewrecord&id=L2031253588&from=EmbaseAI
    4
```

Embase AI – 提供五篇文章編號並要求摘要、比較內容。

Publication type	Review
Embase identification number (PUI)	L2028436932
Digital Object Identifier (DOI)	10.5114/fmpcr.2024.134712
Entry date	2024-04-17 (Full record) 2024-03-26 (Article in Press/In Process)
Updated date(s)	2024-03-26 2024-04-17

建議使用Embase Identification number (PUI)，可以在文章頁面下方找到



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Thank you

Please email r.huang@elsevier.com with any questions