Asian Rheumatology
‘Facing The Challenges’

1 - 5 August 2006 Kuala Lumpur Malaysia
MSD welcomes you to
The 12th Asia Pacific League of Associations for Rheumatology Congress

APLAR 2006

1–5 August 2006
Kuala Lumpur, Malaysia

Hold the dates and times
for informative lunch symposia sponsored by MSD:

Wednesday, 2 August 2006 • 12:30 –14:00
Thursday, 3 August 2006 • 12:30 –14:00

VISIT US ON THE WORLD WIDE WEB AT http://www.merck.com
Message from Minister of Health

MINISTRY OF HEALTH MALAYSIA

I would like to congratulate the Malaysian Society of Rheumatology for organising the 12th APLAR 2006 Congress on Rheumatology.

The Malaysian Society of Rheumatology has always been active in organising various congresses, seminars, workshops and public forums in Malaysia. This is to create and promote awareness not just amongst the public but also amongst health care providers so that up to date information and the best care possible be given to patients with rheumatological problems.

As we know musculoskeletal problems such as osteoarthritis and osteoporosis are found worldwide and form a significant proportion of medical consultations. It also has a significant socio-economic impact on the country.

An Asia-Pacific meeting like this will not only have scientific impact from distinguished speakers from all over the world but will also serve as a place for experts in the field to exchange ideas and form bonds between countries.

I am confident that the participants will benefit from the meeting and will return to their respective fields with greater awareness, renewed enthusiasm and greater motivation towards further development of rheumatology in their countries. I wish all of you a fruitful and successful meeting.

Dato’ Dr. Chua Soi Lek
Minister of Health Malaysia
Message from the Lord Mayor of Kuala Lumpur

I am indeed delighted to note that the 12th APLAR 2006 Congress on Rheumatology will be held in the City of Kuala Lumpur from 1-5 August 2006.

The Asia Pacific League of Associations for Rheumatology (APLAR) has made a wise decision in choosing Kuala Lumpur for this important medical congress.

The City of Kuala Lumpur has world class congress facilities and a multilingual and multiracial society with a fairly large expatriate population. Communication and infrastructural facilities are better, if not the best in the region to facilitate M.I.C.E (Meetings, Incentives, Conventions and Exhibitions) activities of international repute.

Besides the excellent shopping facilities, the city is also a gourmet's paradise and has many sights and sounds to be tasted by foreign visitors.

I take this opportunity to extend a warm welcome to all participants to the City of Kuala Lumpur and hope to meet you and your families in Kuala Lumpur in 2006.

‘Selamat Datang’ and welcome to Kuala Lumpur.

Datuk Haji Ruslin Bin Haji Hasan
Mayor of Kuala Lumpur
Message from the APLAR President

Dear Colleagues,

Change is without doubt the major dynamic of our time. Despite the cultural and ideological differences driving the change in our world today, we scientists and professionals in the world of musculoskeletal disease live in the most exciting of times. As such, I am both honoured and delighted to assume the Presidency of The Asia Pacific League of Associations for Rheumatology (APLAR) and the chance to passionately pursue positive and vital change for the league. Supported by the youngest Executive Committee in the organisation’s history, this goal can be achieved.

APLAR was established in 1963 as the South East Asia and Pacific Area League Against Rheumatism with an agenda to stimulate and promote awareness and knowledge of rheumatic diseases. APLAR’s member associations now represent more than 3,470 million people in both developed and developing nations. In the current age of cheap, instant messaging across vast distances, the wide dispersal of our membership across half the world ceases to be an obstacle for disseminating knowledge and awareness. However, our familiar communication structures and protocols remain too change-resistant. This impediment can stifle the creative power, inspirational drive and youthful dynamism within the many outstanding scientists that exist within our organisation. It is my goal to make APLAR more open and inclusive, starting with the APLAR Congress system. Beginning with the Congress Organising Committee’s election process, and by overhauling the convoluted subcommittee system, I intend to prepare the way for a new APLAR that will be borne at the next Congress in Kuala Lumpur 2006 and also would like support this meeting to lead great success. I look forward to the next few years as we nurture a creatively changing APLAR supported by the wisdom and advice of our colleagues from EULAR, ACR and other fellow leagues.

Kusuki Nishioka, M.D., Ph.D.
President
Asia Pacific League of Associations for Rheumatology
Message from the 12th APLAR 2006 Organising Chairperson

Dear Friends,

As I write this in September 2005, APLAR 2006 is less than a year away. Preparations for the Congress are well underway and shaping up nicely. The Scientific Programme is almost finalised and features world renown and distinguished speakers. We would like to thank all our invited speakers for making time to come and share their experiences at APLAR 2006. The topics, we hope, will be interesting and intellectually stimulating. Highlights of the Scientific Programme are detailed later in this Announcement for your information. We welcome the participation of the international rheumatology societies from around the world in APLAR 2006. We would like to thank the American College of Rheumatology (ACR) for organising, for the first time, the ACR Clinical Review Course at APLAR. We are also grateful for the involvement of the International League of Associations for Rheumatology (ILAR), the European League Against Rheumatism (EULAR) and the Japanese College of Rheumatology (JCR), all of whom will be having Symposia in the Scientific Programme. In addition, there are ample opportunities for close interaction with the speakers in the “Meet the Expert” and Workshop sessions.

After a hard day listening to the lectures, the Social Programme has been drawn up to complement the Scientific Programme. There is the Opening Ceremony, Gala Dinner and Closing Ceremony within the programme. Other outings will showcase the variety of activities that Malaysia has to offer, both within the city of Kuala Lumpur and in the rest of the country.

We hope that all of you will take this opportunity to come to APLAR 2006, to learn something new in rheumatology, renew friendships among colleagues, make new friends and find out more about our wonderful country of Malaysia.

We in the Organising Committee are very excited about APLAR 2006 which is promising to be a great conference. On behalf of the Malaysian Society of Rheumatology and APLAR, I would like to invite all of you to attend APLAR 2006. Congress registration and submission of abstracts are now available online at our website www.aplar2006.com. We hope to see all of you in Kuala Lumpur in August 2006!

Dr Yeap Swan Sim,
Organising Chairperson, 12th APLAR 2006 Congress
President, Malaysian Society of Rheumatology
Committees

Executive Committee of APLAR

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President Elect: Chak Sing Lau
Vice Presidents: Swan Sim Yeap, Hiroshi Takayanagi
Secretary General: Kevin Pile
Deputy Secretary General: Rohini Handa
Treasurer: Ho-Youn Kim
Immediate Past President: Prakash Pispati

12th APLAR 2006 Organising Committee

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Scientific Chairperson: Chow Sook Khuan
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Paediatric Programme Co-ordinator: Tang Swee Ping
Allied Health Programme Co-ordinator: Tunku Nor Taayah Tunku Zubir
### International Advisory Board (Alphabetical order)

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<th>Name</th>
<th>Affiliation</th>
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<td>Peking Union Medical College Hospital, China</td>
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## WEEK AT A GLANCE

### TUESDAY 1st AUGUST
- **07.30-08.30**: Meet the Experts:
  - Difficult Rheumatoid Arthritis
  - Difficult Spondyloarthropathy
  - Treatment of Anti-phospholipid Syndrome
- **08.30-10.00**: Plenary: Rheumatoid Arthritis
- **10.00-10.30**: APLAR President's Address
- **11.00-12.30**: Lunch Symposiums
- **14.00-15.00**: ACR Clinical Review Course
- **15.00-15.30**: Tea Break & Poster Viewing

### WEDNESDAY 2nd AUGUST
- **07.30-08.45**: Meet the Experts:
  - Difficult Systemic Lupus Erythematosus
  - Difficult Scleroderma
- **08.45-09.45**: Plenary: Systemic Lupus Erythematosus
- **09.45-10.20**: Tea Break & Poster Viewing
- **10.20-11.20**: Workshop: Synovial Fluid Examination (I)
- **11.20-13.00**: Lunch Symposiums

### THURSDAY 3rd AUGUST
- **08.00-08.45**: Meet the Experts:
  - Osteoarthritis
  - Vasculitis
- **08.45-09.45**: Plenary: Osteoarthritis and Osteoporosis
- **10.45-11.50**: Workshop: Musculoskeletal Ultrasound (I)
- **11.50-12.30**: APLAR Editorial Board Meeting
- **12.30-13.00**: Closing Ceremony

### FRIDAY 4th AUGUST
- **08.00-08.45**: Meet the Experts:
  - Difficult Gout
  - New Therapies in Systemic Lupus Erythematosus
- **08.45-09.45**: Plenary: Osteoarthritis and Osteoporosis
- **10.45-10.50**: Tea Break & Poster Viewing

### SATURDAY 5th AUGUST
- **07.30-08.30**: Opening Ceremony & Reception
- **08.30-09.00**: Dinner Symposium
- **09.00-10.30**: Workshop: Synovial Fluid Examination (II)
- **10.30-11.00**: Tea Break & Poster Viewing
- **11.00-12.30**: Workshop: Musculoskeletal Ultrasound (II)
- **12.30-13.00**: Closing Ceremony
Scientific Programme

Tuesday 1st August 2006

PRE-Congress Workshop
ACR Clinical Review Course

Wednesday 2nd August 2006

Plenary Session
Plenary: Rheumatoid Arthritis
- Genetics of RA: Which are the important genes?
- B cells and cytokines in rheumatic diseases
- Mechanisms of damage to bone and cartilage

Concurrent Sessions
Paediatrics: Juvenile Idiopathic Arthritis
- An update on the aetiology and pathogenesis of chronic inflammation in JIA
- An update on management in JIA
- Management of the hip in JIA

Rheumatology for General Physicians
- Differential diagnosis of common forms of arthritis
- Musculoskeletal radiology for physicians
- Role of rheumatology tests

Allied Health Professionals
- Evidence-based physiotherapy in rheumatology
- Proprioception training in the chronic arthritis patient - Can we improve balance and reduce falls?
- Truth revealed

Rheumatoid Arthritis
- Early RA: New criteria for diagnosis and treatment
- Disease activity in RA
- A critical overview of rheumatoid arthritis treatment in the biologic era

Anti-phospholipid Syndrome
- APS and the brain
- Clinical conundrums in the APS
- Management of pregnancy in APS

Basic Science in Clinical Rheumatology
- Introduction to immunology in rheumatic diseases
- Autoantibodies in SLE
- HLA-B27 in the spondyloarthropathies

Molecular Biology and Genetics
- Systematic Drosophila genetics to study human disease-related genes
- Use of Zebrafish as an excellent model for life science
- Implication of synoviolin in pathogenesis of arthropathy

Pregnancy and Connective Tissue Diseases
- Lupus pregnancy
- Rheumatic drugs in pregnancy

Clinical Trials
- Practical aspects of clinical trials - Achieving best practice
- Cost effectiveness of clinical trials

Infection, Arthritis and Autoimmunity (I)
- Role of infectious agents in autoimmunity
- Recent concepts in the management of septic arthritis

Scientific Abstracts Oral Presentation
Fibromyalgia
- Fibromyalgia - Unusual aspects
- How can we treat fibromyalgia?

Imaging in Rheumatoid Arthritis
- Radiological assessment of synovitis
- How useful is ultrasound in RA?

Role of Biologics in the Asia-Pacific Region

Surgery in Rheumatic Diseases
- Upper limb surgery in rheumatic diseases
- Lower limb surgery in rheumatic diseases

Myofascial Pain
- Local treatment and needling techniques

Systemic Lupus Erythematosus SIG

Ankylosing Spondylitis SIG

COPCord Symposium
- Taiwan
- Iran
- China
- Egypt
- India
- Philippines
- Bangladesh I
- Bangladesh II

MEET THE EXPERTS SESSION
- Difficult rheumatoid arthritis
- Difficult spondyloarthropathy
- Treatment of anti-phospholipid syndrome
Scientific Programme

Thursday 3rd August 2006

PLENARY SESSION
Plenary: Systemic Lupus Erythematosus
- SLE - Outcomes and origins
- Current advances in the molecular genetics of lupus
- Dendritic cells: Their role in the immunopathogenesis of SLE

CONCURRENT SESSIONS
Paediatrics: Systemic Lupus Erythematosus
- Recent advances in the management of paediatric SLE
- Epidemiology of paediatric SLE in China
- APS in children

Rheumatology for General Physicians
- Management of inflammatory arthritis
- Soft tissue rheumatism
- Management of chronic pain
- Corticosteroid use in rheumatic diseases
- Hypermobility

Allied Health Professionals
- Update on back pain rehabilitation
- Foot mechanics in the arthritic patient
- Electrotherapy - Evidence base in rheumatological conditions

Systemic Lupus Erythematosus
- An overview of the treatment of SLE: What have we learnt?
- Advances in the treatment of lupus nephritis
- B-cell depletion for SLE
- SLE in the 2010s

Spondyloarthropathies
- Ankylosing spondylitis - How to diagnose early
- TNF blockers in ankylosing spondylitis
- Overview of psoriatic arthritis

Symposium of Translational Researches
- B cell selection and lupus
- The expression of BAFF receptors in patients with SLE
- Cytokine balance in the pathogenesis of lupus nephritis
- Identification of novel autoantibodies against poly(ADP-ribose) polymerase and galectin3 in SLE

Scleroderma
- Understanding and assessing systemic sclerosis
- Renal and pulmonary complications of systemic sclerosis

Imaging in Rheumatic Disease
- What is the role of imaging in arthritis?
- Imaging in ankylosing spondylitis
- Imaging in neuropsychiatric lupus

JCR Clinical Symposia
- Post-marketing surveillance on biological agents for RA - Japanese strategy & experience

Scientific Abstracts Oral Presentation

ILAR Clinical Symposia
- From clinical epidemiology to rheumatology practice: Negotiating barriers to implementation of best care

Rheumatology Debate
- “It’s time that rheumatologists adopted alternative medicine as well”

Miscellaneous Rheumatic Conditions
- Calcium pyrophosphate diseases
- Musculoskeletal manifestations of renal disease

Medical Arthroscopy
- Medical arthroscopy lecture
- Medical arthroscopy video
- Practical arthroscopy in the knee

Osteoporosis SIG

Paediatric Rheumatology SIG

COPCORD Policy Making Meeting
- The future of COPCORD
- APLAR-COPCORD: Background and policy issues

WORKSHOP
- Synovial fluid examination (I)
- Musculoskeletal ultrasound (I)

MEET THE EXPERTS SESSION
- Difficult systemic lupus erythematosus
- Difficult scleroderma
Scientific Programme

Friday 4th August 2006

PLENARY SESSION
Plenary: Osteoarthritis and Osteoporosis
- The economic benefits of treating osteoarthritis and osteoporosis in Asia
- Update on the management of osteoporosis

CONCURRENT SESSIONS

Paediatrics: Vasculitis
- Vasculitis in children: The great masquerader
- Kawasaki disease in children

Rheumatology for General Physicians
- Back pain
- The painful shoulder

Allied Health Professionals
- Occupational therapy in rheumatological conditions
- Functional activities in rheumatological conditions

Osteoarthritis
- Chondrocyte ageing in osteoarthritis
- Subchondral bone and osteoarthritis
- New perspectives in osteoarthritis

Vasculitis
- Challenges in the diagnosis and management of large vessel vasculitis
- Conventional and novel treatment approaches to ANCA-associated vasculitis

Osteoporosis
- Epidemiology of osteoporosis
- Corticosteroid osteoporosis

EULAR Clinical Symposia
- Genetics in autoimmune diseases

Infection, Arthritis, and Autoimmunity (II)
- HIV and rheumatic disease
- Musculoskeletal TB

Behcet’s Disease
- Clinical aspects of Behcet’s disease
- Advances in management of Behcet’s disease

Scientific Abstracts Oral Presentation

Imaging in Osteoarthritis
- New quantitative imaging technologies for osteoarthritis assessment

Imaging in Osteoporosis
- Measuring bone: What is the best method?

Education Symposium

Rheumatoid Arthritis SIG
Gout SIG

APLAR Editorial Board Meeting

WORKSHOP
- Synovial fluid examination (II)
- Musculoskeletal ultrasound (II)

MEET THE EXPERTS SESSION
- Osteoporosis
- Difficult paediatric cases
- Vasculitis
Scientific Programme

Saturday 5th August 2006

PLENARY SESSION

Plenary: Autoimmune Disease
- Atherosclerosis in autoimmune diseases
- The role of dendritic cells in inflammatory arthritis
- Role of hormones in autoimmune diseases

CONCURRENT SESSIONS

Paediatrics: Miscellaneous
- Juvenile dermatomyositis
- Transitional care from childhood to adult rheumatology

Allied Health Professionals
- Exercise and arthritis
- Orthotics in rheumatology

Medical Conditions in Rheumatic Diseases
- The eye in rheumatic diseases
- The lungs and arthritis
- Malignancy and rheumatic diseases

Ethics and Medico-legal Issues in Rheumatology

Rheumatology Association of Asean Symposium
- Genetics of gout
- Management of gout
- RAA AGM

Sjogren's Syndrome
- New advances in the pathogenesis of Sjogren's syndrome
- Clinical aspects of Sjogren's syndrome

MEET THE EXPERTS SESSION
- Difficult gout
- New therapies in systemic lupus erythematosus
Enhancing & Extending Human Life

Bristol-Myers Squibb
List of APLAR 2006 Speakers (Alphabetical order)

- Ahmad Abdel-Nasser (Egypt)
- Noorieni Abdul Hamid (Malaysia)
- John Axford (UK)
- Sang-Cheol Bae (Korea)
- Sassan Behjet (United Arab Emirates)
- Brendan Bergein (Malaysia)
- Howard Bird (UK)
- Caroline Brand (Australia)
- Juergen Braun (Germany)
- Peter Brooks (Australia)
- Matthew Brown (Australia)
- Mary Cardosa (Malaysia)
- Ved Chaturvedi (India)
- Hiok Hee Ch’ng (Singapore)
- Peter Choong (Australia)
- Arvind Chopra (India)
- Chung-Tei Chou (Taiwan)
- Laurie Clemens (Australia)
- Marc Daniel Chou (Taiwan)
- Indai F Dans (Philippines)
- Narimah Daud (Malaysia)
- Fereydoun Davatchi (Iran)
- Paul Dieppe (UK)
- Mike Doherty (UK)
- John Edmonds (Australia)
- Kok Yong Fong (Singapore)
- Marlene Fransen (Australia)
- Ranjit Singh Gill (Malaysia)
- Alison Hammond (UK)
- Rohini Handa (India)
- Syed Atiqul Haq (Bangladesh)
- Xiao He (China)
- Marc Hochberg (USA)
- Peter Hollingworth (UK)
- Feng Huang (China)
- Graham Hughes (UK)
- David Isenberg (UK)
- Nazrul Islam (Bangladesh)
- Peter Jones (New Zealand)
- David Kane (UK)
- Muhammad Asim Khan (USA)
- Ho-Youn Kim (Korea)
- Kuldeep R Kohli (India)

- Takeo Koike (Japan)
- Kok Ooi Kong (Singapore)
- Ashok Kumar (India)
- Annie Kung (HK)
- Chak Sing Lau (HK)
- Ji-Soo Lee (Korea)
- Thomas Lehman (USA)
- C K Liam (Malaysia)
- Keith Lim (Australia)
- Peter Lipsky (USA)
- Rajan Madhok (UK)
- Anton Menge (Germany)
- Muhaya Hj Mohamad (Malaysia)
- C C Mok (HK)
- Kevin Murray (Australia)
- Sandra Navarra (Philippines)
- Kusuki Nishioka (Japan)
- Jean-Pierre Pelletier (Canada)
- Michelle Petri (USA)
- Prakash Pispati (India)
- Maureen Rischmuller (Australia)
- Philip Sambrook (Australia)
- N Shen (China)
- Josef Smolen (Austria)
- Yeong-Wook Song (Korea)
- Taunton Southwood (UK)
- John Stone (USA)
- Roger Sturrock (UK)
- Tunku Nor Taayah (Malaysia)
- Edu Tehupeiory (Indonesia)
- Kiran Veerapen (Canada)
- Richard Veerapen (Canada)
- Richard Wakefield (UK)
- Sumiko Watanabe (Japan)
- Iain Watt (UK)
- Dong Yi (China)
- Shumpei Yokota (Japan)
- Dae-Hyun Yoo (Korea)
- David Yu (USA)
- Kazuo Yudoh (Japan)
- Q Y Zeng (China)
- Xuan Zhang (China)
- Ping Zhu (China)

** This list is subject to change
Call for Abstracts

The Scientific Programme Committee of the 12th APLAR 2006 Congress welcomes the submission of abstracts for free communication (oral) and poster presentation.

Opening date for submission : 15th August 2005
Closing date for submission : 15th Feb 2006
Notification date of acceptance : 31st March 2006

ONLY ELECTRONIC SUBMISSION FOR ABSTRACTS WILL BE PERMITTED.

English is the only accepted language for abstract submission.

Submission of an abstract does not constitute registration for the Congress. Authors are required to register for the Congress. Failure to do so will result in exclusion from the programme.

* Authors of accepted abstracts are entitled to register at the ‘Early Registration Fee’.

The abstracts will be grouped according to the subject categories below.

Abstract Submission Categories:
1. Anti-phospholipid syndrome
2. Allied Health Professionals
3. Back pain
4. Bone disease other than osteoporosis
5. Cartilage in bone biology and pathophysiology
6. Cell receptor-ligand interaction, signaling and activation
7. Cytokines and inflammatory mediators
8. Diagnostics and imaging procedures
9. Education
10. Epidemiology of rheumatic diseases
11. Genomics, genetic basis of disease and HLA/T cell recognition
12. Health services, economics and outcome measures
13. Humoral aspects of autoimmune diseases
14. Infection related rheumatic diseases
15. Metabolic and crystal arthropathies
16. Miscellaneous rheumatic diseases
17. Myopathies and soft tissue rheumatism including fibromyalgia
18. Orthopaedic surgery and sports medicine
19. Osteoarthritis - Clinical aspects and treatment
20. Osteoporosis - Clinical aspects and treatment
21. Paediatric rheumatology
22. Rheumatoid arthritis - Aetiology and pathogenesis / animal models
23. Rheumatoid arthritis - Clinical aspects
24. Rheumatoid arthritis - Treatment
25. Scleroderma and related syndromes
26. Sjogren’s syndrome
27. Spondyloarthropathies including psoriatic arthritis
28. Systemic lupus erythematosus - Aetiology and pathogenesis / animal models
29. Systemic lupus erythematosus - Clinical aspects and treatment
30. Vasculitis
31. Others.

For more information, please e-mail: enquiry@aplar2006.com
Congress Registration

Please register online at www.aplar2006.com or fill out the Registration Form found on page 29-32 and fax to + 60 3 4257 1133 or alternatively mail to the below stated address:

APLAR 2006 Congress Secretariat
AOS Conventions & Events Sdn. Bhd. (249774-X)
39 & 40 Jalan Mamanda 9
Ampang Point
68000 Ampang
Kuala Lumpur
MALAYSIA
Tel : + 60 3 4252 9100
Fax : + 60 3 4257 1133
Email: enquiry@aplar2006.com
Website: www.aplar2006.com

Save up to MYR 350.00 on the registration fee by registering before 1st April 2006!

Registration Fees
All Registration fees are in Ringgit Malaysia (MYR) only
Additional MYR 80.00 will be applied to delegates from non-APLAR countries

<table>
<thead>
<tr>
<th>EARLY REGISTRATION</th>
<th>REGULAR REGISTRATION</th>
<th>ON-SITE REGISTRATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Payment received on or before 31st March 2006</td>
<td>Payment received on or after 1st April 2006 and up to 31st July 2006</td>
<td>Payment received on 1st August 2006 onwards</td>
</tr>
<tr>
<td>Delegate</td>
<td>MYR 1550.00</td>
<td>MYR 1900.00</td>
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<tr>
<td>Local Delegate</td>
<td>MYR 800.00</td>
<td>MYR 800.00</td>
</tr>
<tr>
<td>Health Professionals*</td>
<td>MYR 950.00</td>
<td>MYR 1350.00</td>
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<tr>
<td>Trainees**</td>
<td>MYR 950.00</td>
<td>MYR 1350.00</td>
</tr>
<tr>
<td>Accompanying Person***</td>
<td>MYR 570.00</td>
<td>MYR 570.00</td>
</tr>
</tbody>
</table>

* Nurses, Physiotherapists and Allied Health Professionals.
** A letter of confirmation of Trainee status from the Head of Unit must accompany the registration form.
*** Accompanying Person(s) cannot attend any scientific sessions.

Registration fees for Meet The Experts session: MYR 80.00 per session
Registration fees for Workshops: MYR 200.00 per session

Currency Conversion or Exchange Rate
For your information, the current exchange rate is USD1:MYR3.70. This rate is subject to change. All payment will be in Ringgit Malaysia (MYR).

Delegate Registration Fee Includes:
Opening Ceremony and Welcome Reception, Closing Ceremony, access to all scientific sessions and the Exhibition Hall, delegate bag and congress material.

Accompanying Person’s Registration Fee Includes:
Opening Ceremony and Welcome Reception, Closing Ceremony, access to the Exhibition Hall, an Accompanying Person’s Kit (includes information on the city and discount shopping vouchers) and one Kuala Lumpur City Tour.

Cancellation and Refund Policy
Delegates unable to attend the APLAR 2006 Congress after having paid their registration fees must provide a written request for their refunds. All approved refunds will be issued after the congress.

* For cancellations received on or before 31st January 2006, an administrative fee of MYR 150.00 will be deducted from all refunds
* For cancellations received between 1st February 2006 and 30th April 2006, participants will receive a 50% refund from the registration fee minus an administrative fee of MYR 150.00
* For cancellations received on or after 1st May 2006, no registration fees will be refunded
Remicade® can rapidly suppress inflammation in linked conditions giving patients the best long-term benefits!

For full prescribing information, please contact:

Local office:
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Pusat Dagang Sri Petaling, 56100 Petaling Jaya,
Selangor Darul Ehsan, Malaysia.
Tel: 603-7957 5100 Fax: 603-7956 9529
Accommodation

The APLAR 2006 Accommodation Bureau is pleased to announce a fine selection of hotels and service apartments where preferential rates have been arranged for congress delegates. All accommodation is within 20 minutes walking or commuting distance of the congress centre.

Please note that room rates are in Ringgit Malaysia (MYR), which include all applicable taxes and breakfast.

To avoid any disappointment please book your accommodation early. Bookings are made on a ‘First Come First Served Basis’. For group bookings please contact the APLAR 2006 Congress Secretariat.

Reservation

- Please note that in order to process room reservations all requests must be made in writing or online. Please complete the Registration Form (page 29-32) and Fax to + 60 3 4257 1133, book online at www.aplar2006.com or alternatively mail to the below stated address:

  **APLAR 2006 Congress Secretariat**
  AOS Conventions & Events Sdn. Bhd. (249774-X)
  39 & 40 Jalan Mamanda 9
  Ampang Point
  68000 Ampang
  Kuala Lumpur
  MALAYSIA
  Tel : + 60 3 4252 9100
  Fax : + 60 3 4257 1133
  Email: enquiry@aplar2006.com
  Website: www.aplar2006.com

- The reservation deadline is 15th May 2006. After this date, please note reservations are subject to availability as August is peak season for tourist arrivals to Kuala Lumpur.
- Please note if your first preferred choice of hotel is not available, we will automatically offer you your second or third choice.

Payment For Room

- A deposit equivalent to two room nights (non-refundable) is required in order to reserve a room. Reservation requests received without the Congress Registration Form and the two room nights deposit will not be entertained.
- A receipt email or fax of your reservation will be sent to you within 24 hours. An official confirmation statement will be forwarded to you within three weeks indicating the deposit paid and remaining amount due.
- Full payment is required no later than 1st July 2006.
- The official confirmation statement must be submitted to the hotel/apartment upon check-in.
- Delegates are responsible for ensuring their official confirmation statements are not misplaced. Please be informed that verification of misplaced official confirmation statements may take time.
- In the event that full payment is not received by 1st July 2006, the APLAR 2006 Accommodation Bureau reserves the right to cancel your reservation without prior notice.
- ‘No show’ on the first night will result in complete cancellation of the reservation.

Amendments

- A written request to the APLAR 2006 Accommodation Bureau must be made before 1st July 2006 for amendments to your reservation.
- For amendments received after 1st July 2006 that result in a reduction in the number of nights at the hotel/apartment, payment will not be refunded. In addition, the extension of nights, rooms or extra beds is also subject to availability.
- Additional room-night requests must be accompanied by the full additional pre-payment amount.

Cancellation

- Cancellation of reservations are allowed on or before 1st July 2006. However the two room nights deposit will be deducted from the refund. Cancellation requests received after this date will not be considered for refunds. Cancellations that arise due to medical or compassionate grounds will be given special consideration and will be reviewed on a case to case basis.
- Notification of cancellations must be made in writing to the APLAR 2006 Accommodation Bureau. Approved refunds will be processed no later than 30 days after the congress.
* This map is not to scale.
# 12th APLAR 2006 Hotels and Service Apartments

## 5 Star Accommodation

### Hotels Within Walking Distance

<table>
<thead>
<tr>
<th>Hotel Name</th>
<th>Rate</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crowne Plaza Mutiara (Official Congress Hotel)</td>
<td>MYR 500.00</td>
<td>H01</td>
</tr>
<tr>
<td>Mandarin Oriental Hotel</td>
<td>MYR 716.00</td>
<td>H02</td>
</tr>
<tr>
<td>Prince Hotel</td>
<td>MYR 425.00</td>
<td>H03</td>
</tr>
<tr>
<td>Renaissance (Renaissance Wing)</td>
<td>MYR 445.00</td>
<td>H04</td>
</tr>
<tr>
<td>Shangri-La</td>
<td>MYR 530.00</td>
<td>H05</td>
</tr>
</tbody>
</table>

### Hotels Within The Surrounding Area

<table>
<thead>
<tr>
<th>Hotel Name</th>
<th>Rate</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grand Plaza Parkroyal</td>
<td>MYR 480.00</td>
<td>H06</td>
</tr>
<tr>
<td>Istana Hotel</td>
<td>MYR 420.00</td>
<td>H07</td>
</tr>
<tr>
<td>JW Marriott</td>
<td>MYR 450.00</td>
<td>H08</td>
</tr>
<tr>
<td>The Regent</td>
<td>MYR 558.00</td>
<td>H09</td>
</tr>
<tr>
<td>Ritz Carlton</td>
<td>MYR 685.00</td>
<td>H10</td>
</tr>
<tr>
<td>Sheraton Imperial</td>
<td>MYR 510.00</td>
<td>H11</td>
</tr>
<tr>
<td>Westin</td>
<td>MYR 560.00</td>
<td>H12</td>
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</table>

## 4 Star Accommodation

### Hotels Within Walking Distance

<table>
<thead>
<tr>
<th>Hotel Name</th>
<th>Rate</th>
<th>Code</th>
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</thead>
<tbody>
<tr>
<td>Concorde</td>
<td>MYR 320.00</td>
<td>H13</td>
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<tr>
<td>Corus Hotel</td>
<td>MYR 350.00</td>
<td>H14</td>
</tr>
<tr>
<td>Hotel Maya</td>
<td>MYR 420.00</td>
<td>H15</td>
</tr>
<tr>
<td>Impiana @ KLCC</td>
<td>MYR 360.00</td>
<td>H16</td>
</tr>
<tr>
<td>PNB Darby Park (Service Apartment)</td>
<td>MYR 425.00</td>
<td>H17</td>
</tr>
<tr>
<td>Renaissance (New World Wing)</td>
<td>MYR 360.00</td>
<td>H18</td>
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### Hotels Within The Surrounding Area

<table>
<thead>
<tr>
<th>Hotel Name</th>
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<tbody>
<tr>
<td>Crown Princess Hotel</td>
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<tr>
<td>Dorsett Regency Hotel</td>
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<tr>
<td>Federal Hotel</td>
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</tr>
<tr>
<td>Melia Hotel</td>
<td>MYR 370.00</td>
<td>H23</td>
</tr>
<tr>
<td>MiCasa All Suite Hotel (Service Apartment)</td>
<td>MYR 380.00</td>
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</tr>
<tr>
<td>Royale Bintang</td>
<td>MYR 320.00</td>
<td>H25</td>
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</table>

### Hotels Within 10-20 Minutes Travelling Time

<table>
<thead>
<tr>
<th>Hotel Name</th>
<th>Rate</th>
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<tr>
<td>Grand Seasons Hotel</td>
<td>MYR 280.00</td>
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<tr>
<td>Legend Hotel</td>
<td>MYR 320.00</td>
<td>H27</td>
</tr>
<tr>
<td>Pan Pacific Hotel</td>
<td>MYR 320.00</td>
<td>H28</td>
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</tbody>
</table>

## 3 Star Accommodation

### Hotels Within The Surrounding Area

<table>
<thead>
<tr>
<th>Hotel Name</th>
<th>Rate</th>
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</thead>
<tbody>
<tr>
<td>Capitol</td>
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<td>H29</td>
</tr>
<tr>
<td>Radius International</td>
<td>MYR 245.00</td>
<td>H30</td>
</tr>
</tbody>
</table>

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**All Room rates are inclusive of breakfast**

The room rates stated above are for standard category rooms. For room upgrade please contact APLAR 2006 Congress Secretariat for more details.

**Currency Conversion or Exchange Rate**

For your information, the current exchange rate is USD1:MYR3.70. This rate is subject to change. All payment will be in Ringgit Malaysia (MYR).
New Light in Osteoarthritis!

INTERLEUKIN-1 INHIBITION IN OSTEOARTHRITIS

A novel mode of action that differentiates it from NSAIDs and other conventional therapy.

Proven symptomatic relief 1,2,3,4

Demonstrated structure modifying effect 5

Excellent gastroduodenal tolerability compared to NSAIDs 6

Cost effective 7


TRB CHEMEDICA MALAYSIA SDN BHD (174113-V)
(Subsidiary of TRB CHEMEDICA INTERNATIONAL SA, Geneva, Switzerland)
Tel: (603) 9101 2566 / 2577 Fax: (603) 9101 2622 Email: sales@trbchemedica.com.my
Social Programme

Opening Ceremony (SP01)
Tuesday 1st August 2006
(included in registration fees for delegates and accompanying persons)

The inaugural opening of the 12th APLAR 2006 Congress will be held in the Plenary Hall at the Kuala Lumpur Convention Centre. Delegates will be entertained by traditional Malaysian music and dance as well as video presentations. Light refreshments and snacks will be served during the reception.

Dining in the Clouds (SP02)
MYR 200.00 per person
Wednesday 2nd August 2006

Experience fine dining in an exclusive restaurant at the top of the Kuala Lumpur Tower. Standing magnificently among the clouds, the Kuala Lumpur Tower is the world’s fourth tallest communication tower and the tallest single standing concrete structure in the world.

The revolving restaurant serves international and local cuisine ‘above the clouds’. At a height of 282 metres above ground level, diners will certainly enjoy a breathtaking view of both the city and the Petronas Twin Towers. Enjoy a fantastic meal and awe-inspiring view.

APLAR Gala Banquet (SP03)
MYR 290.00 per person
Thursday 3rd August 2006

The APLAR Gala Banquet is the perfect setting for delegates to rekindle old friendships as well as foster new ones. The Gala Banquet will feature a truly Malaysian setting, with an extravagant showcase of Malaysian dances and handicrafts. Prepare for an evening of merriment and socialising.

Free Exploring Evening
Friday 4th August 2006

A free evening to explore the exhilarating sights and sounds of fascinating Kuala Lumpur. Delegates can opt to participate in a variety of tours designed to maximise your time whilst in Malaysia. For more details on the arranged tours, please refer to the ‘Half Day and Full Day Tours’ on page 23.

Closing Ceremony (SP04)
Saturday 5th August 2006
(included in registration fees for delegates and accompanying persons)

The Closing Ceremony to be held in the Kuala Lumpur Convention Centre will signal an end to the 12th APLAR 2006 Congress in Kuala Lumpur, Malaysia. The event will be marked by closing speeches from the congress organising committee members and the introduction of Japan as the next host of the APLAR Congress in 2008.
Introducing ENBREL

A Stand OUT in RA Therapy

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Wyeth (Malaysia) Sdn Bhd 201426-65
701-901, Block C, Menara Olemes,
Kelana Business Centre,
No. 97 Jalan 537/2, Kelana Jaya,
47301 Petaling Jaya,
Selangor Darul Ehsan, Malaysia
Tel  : 603-7492 3111
Fax  : 603-7492 3248
Half Day and Full Day Tours (2nd-5th August 2006)

City Tour (MYR46.00)
Approximate Duration: 03 hrs
View a fine range of intricate Malaysian handicrafts at Karyaneka Craft Centre. Pass through the busy city centre as well as the ‘Golden Triangle’. Cruise along Independence Square before driving through Chinatown. Drive up to the entrance of the King’s Palace and the river confluence at Masjid Jamek, the birthplace of Kuala Lumpur. Visit the National Monument which is dedicated to fallen heroes before stopping at the National Museum. You will also see fine Moorish architecture from the 19th Century in the Sultan Abdul Samad Building and the Railway Station. Then catch a glimpse of the National Mosque on your way back.

Departure Time: 09.00 HT01
Departure Time: 14.00 HT01

Country Tour (MYR46.00)
Approximate Duration: 03 hrs
Drive along the outskirts of the city through Ambassador’s Row and Rumah Malaysia. Visit the Karyaneka Craft Centre and observe how plain cotton cloth is exotically transformed into colourful patterns by hand. The pewter factory never fails to intrigue visitors with their skilled workers by producing handcrafted pewter ware. Continue to the famed Batu Caves which attracts half a million people during the annual Thaipusam festival. It awaits your arrival with its 272 steps and fascinating cave structures. Enroute a brief stop at the Butterfly and Insect Shop is scheduled.

Departure Time: 09.00 HT02
Departure Time: 14.00 HT02

Night Cultural Tour (MYR125.00)
Approximate Duration: 03 hrs
This evening invites you to the Malaysian way of life as you see the city get by with evening activities. We start off with the Sri Mahamariamman Temple, the oldest Hindu shrine in the city. You will be impressed as you stroll through the lively atmosphere of Chinatown’s night market. This is a bargain centre where one may find items ranging from colourful clothing and mouth-watering delicacies to designer items. Continue the night with a drive to a local restaurant for a sumptuous meal followed by a performance of traditional Malay dances. Dinner is included.

Departure Time: 18.30 HT03

Shopping Tour (MYR46.00)
Approximate Duration: 04 hrs
Few capital cities boast more shopping centres than Kuala Lumpur. The Shopping Tour will take you to both the old and new shopping destinations, from Petaling Street in the heart of Chinatown, to the glitz and glamour of Bukit Bintang before finally arriving at Suria KLCC, a shopper’s paradise at the foot of the Petronas Twin Towers.

Departure Time: 14.00 HT04

Historical Malacca (MYR150.00)
Approximate Duration: 09 hrs
Malacca, located 160 kilometres south of Kuala Lumpur, is the most important historical city in the country. It was founded by Parameswara, a Hindu Prince from Palembang. Malacca had previously come under the rule of the Portuguese, Dutch and English. The ruins and buildings of these conquerors can still be seen today. Among the places to visit are Porta de Santiago, St. Paul’s Church, the Stadthuys Building, Christchurch, Cheng Hoon Temple (oldest Chinese temple in Malaysia), Jonker Street and China Hill. Lunch is included.

Departure Time: 08.30 DT01

Genting Highlands Tour (MYR35.00)
Approximate Duration: 08 hrs 15 min
An hour’s drive through the rolling hills and greenery, Genting Highlands is the highest resort at 2,000 metres above sea level and the only casino found in Malaysia, Singapore or Thailand. There is an amusement centre, a 16-lane bowling alley and theatre. Enjoy a leisurely boat ride on the lake or take the kids on fun rides. For a bird’s eye-view of the mountains, do take a ride on the cable car.

Departure Time: 08.00 DT02

A Day in the Rainforest (MYR180.00)
Approximate Duration: 06 hrs 30 min
An opportunity to explore and experience trekking through the world’s oldest tropical rainforest. Listen to the sounds of the rainforest and learn about the hundreds of species of flora that can be found. The tour begins with a visit to a batik factory and showroom and an “Orang Asli” museum. Trek through primary and secondary tropical rainforest and swim in an open-air swimming pool - so do not forget to bring your swimming attire.

Note: “Orang Asli” museum closes on Friday and this will be replaced with a visit to the Batu Caves. Lunch is included.

Departure Time: 09.30 DT03

Golf Tour
Malaysia is truly a unique golfing destination, the diversity of its courses is unrivalled in the world. Numbering more than 190 throughout the country, they can be found high in the mountains, dotting the coastline, on tropical islands, amidst towering rainforests and in the heart of the city. Please contact enquiry@aplar2006.com for further information.

Departure Time: To be advised GT01
Powerful First-Line LDL-C Reduction Through Dual Inhibition

DRAMATIC RESULTS

- **VYTORIN** lowered LDL-C by 51% at recommended starting dose of 10/20mg and up to 61% with the maximum dose of 10/80mg.¹
- 83% (90/108 patients) of patients treated with the starting dose of **VYTORIN** 10/20mg achieved LDL-C goal (< 2.6 mmol/L).²
- **VYTORIN** 10/20mg was superior to atorvastatin³ 20mg and simvastatin¹ 20mg at lowering LDL-C.

STUDY DESIGNS

STUDY A

In a multicenter, double-blind, parallel-controlled, 16-week trial, 1170 hypercholesterolemic patients (baseline ≥ 3.5 and ≤ 6.0 mmol/L) were randomized to one of two treatment groups: placebo, ezetimibe (10 mg), simvastatin (20 mg, 40 mg, or 80 mg), or combination ezetimibe and simvastatin equivalent to **VYTORIN** 10/10, 10/20, 10/40, and 10/60 mg. All patients receiving **VYTORIN** were compared to those receiving doses of simvastatin. **VYTORIN** substantially lowered total C, LDL-C, Apo B, TG, non-HDL-C, and C-reactive protein. The effects of **VYTORIN** on HDL-C were similar to the effects seen with simvastatin.³

STUDY B

In a multicenter, double-blind, parallel-controlled, 16-week study, 716 patients with elevated LDL-C or CVD-risk equivalent, as defined by the NCEP ATP III guidelines, and on LDL-C ≥ 3.5 mmol/L, were randomized to one of two treatment groups: ezetimibe/simvastatin and simvastatin equivalent to **VYTORIN** 10/10, 10/20, and 10/60 mg, or simvastatin 20 mg. Patients not receiving an LDL-C ≥ 3.5 mmol/L, had their simvastatin dose titrated at 8-week intervals to a maximal dose of 80 mg. At Week 16, the LDL-C reductions with **VYTORIN** 10/10, 10/20, or 10/60 mg were substantially larger that with simvastatin 20 mg. In addition, at Week 16, substantially more patients receiving **VYTORIN** 10/20, 10/60, or 10/80 mg attained LDL-C target compared to those receiving simvastatin 20 mg. Week 1 results for LDL-C reduction and percentage attaining LDL-C target were consistent with the end of study results.²

³ Studies A, B, and C, are from the Controlled Study Group. Efforts and costs of clinical evaluation with ezetimibe/simvastatin are reimbursed by developers, unless otherwise specified.

Before prescribing, please refer to the enclosed full prescribing information.
Pre & Post Tours

The Langkawi Island Experience
- 3 Days 2 Nights (from MYR1360.00)
Langkawi islands are a group of 104 islands located in the northernmost tip of Peninsular Malaysia. Those who love tropical island holidays and a place far from the maddening crowd will find their haven in Langkawi. The outstanding natural landscape of Langkawi proclaims a true tropical paradise. Besides its white sandy beaches and limestone hills, its lush vegetation and exotic flora and fauna attract nature lovers from around the world. Inclusive of return domestic flight, accommodation, hotel transfers and mangrove tour.

Proposed Pre-Congress Dates: 25th-31st July 2006
Proposed Post-Congress Dates: 6th-8th August 2006

Penang - ‘Pearl of the Orient’
- 3 Days 2 Nights (from MYR1270.00)
No other island offers a unique blend of culture, heritage, history and beaches like Penang. The island’s capital Georgetown is a melting pot of cultures with a wealth of preserved colonial, Chinese and Moorish architecture. A trip to Penang will allow you to explore its historical neighbourhoods, winding streets and old Buddhist temples. A tour to Penang is not complete without sampling some of the island’s finest cuisines. Inclusive of return domestic flight, accommodation, hotel transfer and city tour.

Proposed Pre-Congress Dates: 29th-31st July 2006
Proposed Post-Congress Dates: 6th-8th August 2006

Splendour of Borneo
- 7 Days 6 Nights (from MYR3310.00)
From the state capital Kota Kinabalu in Sabah, enjoy an excursion and walk in the Kinabalu National Park before flying to Sarawak to visit the world’s largest cave passage at Mulu National Park. Your tour will take you to the quaint state capital Kuching, Semenggok Orang Utan Rehabilitation Centre and a native tribal Iban longhouse. Inclusive of two breakfasts, return coach, accommodation, rainforest walk and two breakfasts.

Proposed Pre-Congress Dates: 29th-31st July 2006
Proposed Post-Congress Dates: 6th-8th August 2006

Highlights of Peninsular Malaysia
- 7 Days 6 Nights (from MYR1850.00)
After taking a countryside tour you will head to the tea plantations in the cool balmy heights of the Cameron Highlands. From the highlands you will head north and embark on a cultural and heritage tour of one of Malaysia’s most renowned islands, Penang. Travelling from the west coast to the east, the town of Kota Bahru will enchant you with a colourful visit to the wet market, an insight into the local production of silver handicraft and kite making before sampling some of the region’s finest dishes. From Kota Bahru you will head south to the beach resort of Cherating passing the Floating Mosque and the Turtle Information Centre before being a guest of a local community for afternoon tea. Return to Kuala Lumpur. Inclusive of accommodation, coach and breakfast each morning.

Proposed Pre-Congress Dates: 25th-31st July 2006
Proposed Post-Congress Dates: 6th-12th August 2006

Taman Negara Rainforest Experience
- 3 Days 2 Nights (from MYR1180.00)
At 130 million years old, Taman Negara is one of the world’s oldest tropical rainforests. Your adventure will offer you the rare chance to stand on the shoulders of giants with a canopy walk above the rainforest. Your guide will lead you through the forest to viewpoint offering panoramic views of Peninsular Malaysia’s highest mountain Gunung Tahan. Combine this scenic excursion through the backwaters, a boat trip down the rapids and the opportunity to cool off in a waterfall hole and you have the complete jungle experience. Inclusive of return coach, accommodation, rainforest walk and two breakfasts.

Proposed Pre-Congress Dates: 29th-31st July 2006
Proposed Post-Congress Dates: 6th-8th August 2006

Cameron Highlands
- 3 Days 2 Nights (from MYR890.00)
Cameron Highlands is the ultimate destination for those wishing to get away from the city and retreat to a cool and temperate climate. Enjoy the fresh mountain air, green hills and tea plantations at your leisure. Cameron Highlands still retains its colonial roots which is evident by the many Tudor style country houses. For those with a penchant for golf, there is an 18 hole Public Golf Course in the highlands. Inclusive of two breakfasts, return coach, accommodation and Cameron Highlands tour.

Proposed Pre-Congress Dates: 29th-31st July 2006
Proposed Post-Congress Dates: 6th-8th August 2006

Sabah ‘Off the Beaten Track’
- 6 Days 5 Nights (from MYR3660.00)
The Sabah Wildlife Trail takes in the state’s finest attractions. From the state capital Kota Kinabalu you will head inland through the Crocker Range to the foot of South East Asia’s highest mountain, Mount Kinabalu. After exploring one of the trails your journey will take you to Poring Hot Springs, where after a short trek you can soak yourself in the hot sulphur waters, which is renowned for its therapeutic properties. As you head further south you will discover an abundance of wildlife on the banks of the Kinabatangan River, a rare opportunity to see turtles on Selingan Island and a visit to Sepilok Orang Utan Sanctuary. Fullboard except breakfast on Day 1. Inclusive of return domestic flight, hotel transfers and land transportation.

Proposed Pre-Congress Dates: 26th-31st July 2006
Proposed Post-Congress Dates: 6th-11th August 2006

Asian Rheumatology ‘Facing The Challenges’ - Second Announcement -
ABOUT MALAYSIA & KUALA LUMPUR

Malaysia is a uniquely diverse country with a multicultural population that will not fail to amaze. From the rich lush rainforests in Sarawak and mountainous peaks of the Crocker Range down to the cosmopolitan hustle and bustle of Kuala Lumpur, Malaysia has something for everyone.

Malaysia plays host to a wealth of exotic islands. Pulau (meaning ‘island’) Langkawi located on the west coast of the Peninsular is a haven of tranquillity offering snorkeling, scuba diving and ample sunshine. You can find other fantastic tours on page 25 and the official APLAR 2006 Congress website.

Kuala Lumpur is one of Asia’s most thriving cosmopolitan cities seamlessly blending traditional culture with modern urbanisation. Fondly referred to as ‘KL’, the city has a population of almost two million and has grown to become one of the region’s most prosperous capitals.

The city plays host to one of the world’s most recognised landmarks - The Petronas Twin Towers. Standing at 452 metres, the Petronas Twin Towers are the tallest twin towers in the world and have become an international symbol. At the foot of the Twin Towers lies Suria KLCC, one of the city’s finest shopping centres. With an array of shopping malls offering tax-free discounts to foreigners, Malaysia has proven to be a shopper’s paradise.

KUALA LUMPUR CONVENTION CENTRE

The Kuala Lumpur Convention Centre is to host the 12th APLAR 2006 Congress, which runs from 1st to 5th August 2006. Located in the heart of the city, the convention centre is nestled between a beautifully landscaped recreational park and the awe-inspiring Petronas Twin Towers. The convention centre offers stunning views of the park and the Twin Towers.

The centre offers state-of-the-art wireless LAN, telecommunications and digital audiovisual facilities allowing interactive scientific sessions.

The convention centre is well served by a modern and efficient subway train system linking all major parts of the city. Situated in the city centre, the convention centre is within walking distance of many major hotels and service apartments.

With over 260 closed-circuit security cameras, 24-hour surveillance by trained personnel and a fully integrated security system, the convention centre is one of the most secure buildings in the city.
OFFICIAL LANGUAGE
The official language of the 12th APLAR 2006 Congress is English.

OFFICIAL AIRLINE
Malaysia Airlines is providing competitive airfares on international* scheduled services for all registered delegates attending the 12th APLAR 2006 Congress.

Registered delegates and accompanying persons who wish to fly on Malaysia Airlines should contact their nearest Malaysia Airlines ticketing office and quote “G APLAR06” for further assistance.

*Excluding Singapore-Malaysia, Brunei and domestic services.

VISA REQUIREMENTS
All citizens require a valid passport to enter Malaysia with a validity period of six months beyond the length of stay. No visa is needed for nationals of Commonwealth countries except for Bangladesh, India, Pakistan, Sri Lanka and Nigeria. Delegates should contact their local Malaysian consulate to confirm visa requirements. Please refer to www.aplar2006.com.

VACCINATIONS
An International Certificate of Vaccination for Yellow Fever is required for travellers over the age of one year if arriving from an infected area within 14 days. Urban and coastal areas of Malaysia are malaria-free. If travelling to the Malaysian states of Sabah and Sarawak on the island of Borneo, precautions against malaria should be taken. Please consult your doctor for the latest travel advice and vaccination requirements.

INSURANCE
The organiser cannot accept liability for accidents which might occur. Delegates attending the Congress are encouraged to obtain travel insurance (medical, personal accident and luggage) in their home country prior to departure.

CLIMATE
Malaysia enjoys sub-tropical weather conditions throughout the year with temperatures ranging from 22 degrees Celsius to 33 degrees Celsius.

LOCAL TIME
Malaysia is eight hours ahead of Greenwich Mean Time (GMT).

CURRENCY
The Ringgit is Malaysia’s unit of currency, which is often written as MYR. Notes come in denominations of MYR100, MYR50, MYR10, MYR5, MYR2 and MYR1. Coins are called sen and come in denominations of 1sen, 5sen, 10sen, 20sen and 50sen. Moneychangers are readily available in Kuala Lumpur and they accept all major currencies. Traveller’s cheques can be cashed at banks, licensed moneychangers and some retail outlets accept major credit cards and traveller’s cheques.

TAX & TIPPING
Tipping is usually not customary in Malaysia, but it is appropriate for excellent service. In major tourist hotels, a 5% Government Tax and 10% Service Charge are added to the bills for rooms, meals and other services.

BUSINESS HOURS
Shops are generally open between the hours of 10.00 - 22.00. Banking hours are between the hours of 09.30 - 16.00. Government offices are closed on Saturdays whereas banks are closed on the first and third Saturdays of each month.

ELECTRICITY
Voltage is 220-240 volts A.C. at 50 cycles per second.

EMERGENCIES
Police and Ambulance 999, Fire Department 994, KL Tourist Police Enquiries +60 3 2149 6593
By Air
Malaysia is one of South East Asia’s fastest growing transportation hubs. Getting to Malaysia is easy with over 40 airlines, including the national carrier Malaysia Airlines, servicing Kuala Lumpur International Airport (KLIA) on a daily basis. From KLIA, visitors may take domestic flights to most of the major cities and towns in Peninsular Malaysia as well as Malaysian Borneo. From the airport, a variety of transport links to the city centre are available. These include a direct rail-link (better known as Express Rail Link or ERL), express buses, limousines, taxis and car rental services.

By Train / Rail
The Express Rail Link (ERL) is the fastest way of getting to the city centre from KLIA. It takes a mere 28 minutes to the city centre as compared to 55 minutes by car. Kuala Lumpur City Air Terminal (KLCAT) located at Stesen Kuala Lumpur (KL Sentral) serves as an extended airport terminal where check in is available for selected airlines. The check in and ticket counters are on Level 1 of the KL Sentral Station and also at Level 1 of the KLIA.

By Taxi and Limo
Taxi and Limousine services are available from the airport to the city centre. Please enquire at the taxi counters located right after the Customs Hall, at the Arrival Hall by Door 3 and the Domestic Baggage Reclaim area. Fares are charged according to zones.

By Bus
There are a variety of bus services from KLIA to the city centre and major towns in Peninsular Malaysia. Please enquire at the appropriate bus counters in the airport.

Asian Overland Services Tours & Travel Sdn. Bhd (AOS)
AOS operates its own fleet of vehicles and provides a wide range of ground services in Malaysia. This includes airport transfers, car rental services (self-driven or chauffeur-driven), hire of vans or coaches. Please contact the 12th APLAR 2006 Congress Secretariat for more information.
REGISTRATION FORM

Register online at www.aplar2006.com or complete this form in block capital letters and return by fax or mail to the APLAR 2006 Congress Secretariat. **One Registration Form per Delegate**

**SECTION A : CONTACT DETAILS**

Title: 
Prof [ ] Dr [ ] Mr [ ] Mrs [ ] Ms [ ]

Family Name ___________________________ First Name ___________________________ Middle Name ___________________________

Organisation / Institution ___________________________

Department ___________________________

Address Line 1 ___________________________

Address Line 2 ___________________________

City ___________________________ State ___________________________

Postal Code/ZIP ___________________________ Country ___________________________

Telephone ___________________________ Mobile ___________________________

E-mail ___________________________ Fax ___________________________

In case of emergency, please contact ___________________________

Telephone ___________________________ E-mail ___________________________

* If you do not want sponsors to send you information, please tick this box. [ ]

**SECTION B : ACCOMPANYING PERSON (S)**

[First, please check the box and then fill out the Family and First names of the accompanying person (s)]

☐ 1) Family Name ___________________________ 1) First Name ___________________________ 1) Middle Name ___________________________

☐ 2) Family Name ___________________________ 2) First Name ___________________________ 2) Middle Name ___________________________

☐ 3) Family Name ___________________________ 3) First Name ___________________________ 3) Middle Name ___________________________

**SECTION C : DIETARY PREFERENCES**

Vegetarian [ ] YES [ ] NO [ ]

Others ___________________________

**SECTION D : REGISTRATION FEES**

One Registration Form per Delegate

<table>
<thead>
<tr>
<th></th>
<th>EARLY REGISTRATION</th>
<th>REGULAR REGISTRATION</th>
<th>ON-SITE REGISTRATION</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>For payment received on or before 31st March 2006</td>
<td>For payment received on or after 1st April 2006 and up to 31st July 2006</td>
<td>Payment received on 1st August 2006 onwards</td>
</tr>
<tr>
<td>Delegate (from APLAR Countries)</td>
<td>MYR 1550.00</td>
<td>MYR 1900.00</td>
<td>MYR 2200.00</td>
</tr>
<tr>
<td>Delegate (from non-APLAR Countries)</td>
<td>MYR 1630.00</td>
<td>MYR 1980.00</td>
<td>MYR 2280.00</td>
</tr>
<tr>
<td>Local Delegate (Malaysian)</td>
<td>MYR 800.00</td>
<td>MYR 800.00</td>
<td>MYR 800.00</td>
</tr>
<tr>
<td>Allied Health Professional</td>
<td>MYR 950.00</td>
<td>MYR 1350.00</td>
<td>MYR 1450.00</td>
</tr>
<tr>
<td>Trainee</td>
<td>MYR 950.00</td>
<td>MYR 1350.00</td>
<td>MYR 1450.00</td>
</tr>
<tr>
<td>Accompanying Person (s)* (please state number of persons)</td>
<td>MYR 570.00</td>
<td>MYR 570.00</td>
<td>MYR 570.00</td>
</tr>
</tbody>
</table>

* Accompanying person (s) cannot attend any scientific sessions

**TOTAL OF SECTION D**

MYR ___________________________

**SECTION E : ACR CLINICAL REVIEW COURSE**

Please indicate attendance as places are limited

<table>
<thead>
<tr>
<th>Date</th>
<th>Price per person MYR</th>
<th>Attending</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday 1st August 2006</td>
<td>Included in Registration Fee</td>
<td>[ ] Yes [ ] No</td>
</tr>
</tbody>
</table>
### SECTION G: MEET THE EXPERTS SESSION

<table>
<thead>
<tr>
<th>Session Time</th>
<th>Limited Participants</th>
<th>Fee (MYR)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday 2nd August 2006 07.30-08.15</td>
<td>21</td>
<td>MYR 200.00</td>
</tr>
<tr>
<td>Thursday 3rd August 2006 08.00-08.45</td>
<td>30</td>
<td>MYR 80.00</td>
</tr>
<tr>
<td>Friday 4th August 2006 08.00-08.45</td>
<td>30</td>
<td>MYR 80.00</td>
</tr>
<tr>
<td>Saturday 5th August 2006 08.00-08.45</td>
<td>30</td>
<td>MYR 80.00</td>
</tr>
</tbody>
</table>

### SECTION H: RESERVATION FOR SOCIAL PROGRAMME

**Please indicate attendance at the Opening & Closing Ceremonies in order to confirm seating**

<table>
<thead>
<tr>
<th>Date</th>
<th>Social Programme</th>
<th>Code</th>
<th>Price per person MYR</th>
<th>Total number of person(s) attending</th>
<th>Total cost (MYR)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday 1st August 2006</td>
<td>Opening Ceremony</td>
<td>SP01</td>
<td>Included in Registration Fee</td>
<td></td>
<td>N/A</td>
</tr>
<tr>
<td>Wednesday 2nd August 2006</td>
<td>Dining in the Clouds</td>
<td>SP02</td>
<td>MYR 200.00</td>
<td></td>
<td>MYR</td>
</tr>
<tr>
<td>Thursday 3rd August 2006</td>
<td>APLAR Gala Banquet</td>
<td>SP03</td>
<td>MYR 290.00</td>
<td></td>
<td>MYR</td>
</tr>
<tr>
<td>Saturday 5th August 2006</td>
<td>Closing Ceremony</td>
<td>SP04</td>
<td>Included in Registration Fee</td>
<td></td>
<td>N/A</td>
</tr>
</tbody>
</table>

**TOTAL OF SECTION H MYR**

### SECTION I: AIRPORT TRANSFER (Join-in basis)

Airport transfers can be arranged from KLIA to any of the 12th APLAR 2006 Congress Hotels & Service Apartments.

**Kindly email us your date and time of arrival/departure, and flight number at enquiry@aplar2006.com, 30 days prior to arrival date.**

<table>
<thead>
<tr>
<th>Pick up points</th>
<th>Drop off points</th>
<th>Code</th>
<th>Price per person MYR</th>
<th>Total cost (MYR)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kuala Lumpur International Airport</td>
<td>Hotel</td>
<td>SICIN</td>
<td>MYR 65.00</td>
<td>MYR</td>
</tr>
<tr>
<td>Hotel</td>
<td>Kuala Lumpur International Airport</td>
<td>SICOT</td>
<td>MYR 65.00</td>
<td>MYR</td>
</tr>
</tbody>
</table>

**TOTAL OF SECTION I MYR**

### SECTION J: HOTEL / SERVICE APARTMENT SELECTION

Before submitting this form, please refer to page 17 in the APLAR 2006 Second Announcement brochure for booking Terms & Conditions.

A Confirmation Statement of your booking will be sent to you via email or fax within three weeks of receiving your request stating the deposit paid and the remaining amount due.

Please refer to page 19 of APLAR 2006 Second Announcement brochure for a list of Congress Hotels / Service Apartments. The prices quoted on page 19 are for standard category rooms inclusive of breakfast and all taxes.

**Date of Arrival** day / month 2006  **Date of Departure** day / month 2006
SECTION G: MEET THE EXPERTS SESSION

<table>
<thead>
<tr>
<th>Registration Details</th>
<th>Session Time Limited</th>
<th>Participants Fee (MYR)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Wednesday 2nd August 2006</td>
<td>07.30-08.15</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Thursday 3rd August 2006</td>
<td>08.00-08.45</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Friday 4th August 2006</td>
<td>08.00-08.45</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Saturday 5th August 2006</td>
<td>08.00-08.45</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

SECTION F: WORKSHOP SESSION

<table>
<thead>
<tr>
<th>Registration Details</th>
<th>Session Time Limited</th>
<th>Participants Fee (MYR)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Synovial Fluid Examination (I) Thursday 3rd August 2006 11.00-12.30 21 MYR 200.00</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Synovial Fluid Examination (II) Friday 4th August 2006 10.20-11.50 21 MYR 200.00</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Musculoskeletal Ultrasound (I) Thursday 3rd August 2006 14.00-16.30 30 MYR 200.00</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Musculoskeletal Ultrasound (II) Friday 4th August 2006 14.45-17.15 30 MYR 200.00</td>
<td></td>
</tr>
</tbody>
</table>

PREFERRED CHOICE OF HOTELS / SERVICE APARTMENTS (according to priority)
In order for us to process your reservation request a non-refundable two room nights deposit (for each room required) for the hotel/service apartment of the highest rate value of your choice is required.

1st Choice ____________________________ Code ____________________________ Type of Room

2nd Choice ____________________________ Code ____________________________ Type of Room

3rd Choice ____________________________ Code ____________________________ Type of Room

For a room upgrade, please contact the APLAR 2006 Congress Secretariat for more details.

SPECIAL REQUIREMENTS

■ Smoking  ■ Non Smoking  ■ Facilities for disabled

Others ____________________________

I will be sharing with

Family Name ____________________________

First Name ____________________________

TOTAL OF SECTION J MYR

SECTION K: RESERVATION FOR HALF-DAY TOURS

<table>
<thead>
<tr>
<th>Half-Day Excursions</th>
<th>Code</th>
<th>Departure time</th>
<th>Date (2-5th August 2006)</th>
<th>Price per person MYR</th>
<th>Total number of person attending</th>
<th>Total cost (MYR)</th>
</tr>
</thead>
<tbody>
<tr>
<td>City Tour</td>
<td>HT01</td>
<td>09.00</td>
<td>2nd 3rd 4th 5th</td>
<td>MYR 46</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Countryside Tour</td>
<td>HT02</td>
<td>09.00</td>
<td>2nd 3rd 4th 5th</td>
<td>MYR 46</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Night Cultural Tour</td>
<td>HT03</td>
<td>18.30</td>
<td>2nd 3rd 4th 5th</td>
<td>MYR 125</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Shopping Tour</td>
<td>HT04</td>
<td>14.00</td>
<td>2nd 3rd 4th 5th</td>
<td>MYR 46</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

TOTAL OF SECTION K MYR

SECTION L: RESERVATION FOR FULL-DAY TOURS

<table>
<thead>
<tr>
<th>Full-Day Excursions</th>
<th>Code</th>
<th>Departure time</th>
<th>Date (2-5th August 2006)</th>
<th>Price per person MYR</th>
<th>Total number of person attending</th>
<th>Total cost (MYR)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Historical Malacca</td>
<td>DT01</td>
<td>08.30</td>
<td>2nd 3rd 4th 5th</td>
<td>MYR 150</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Genting Highlands Tour</td>
<td>DT02</td>
<td>08.00</td>
<td>2nd 3rd 4th 5th</td>
<td>MYR 135</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A Day in the Rainforest</td>
<td>DT03</td>
<td>09.30</td>
<td>2nd 3rd 4th 5th</td>
<td>MYR 180</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

TOTAL OF SECTION L MYR

GRAND TOTAL OF D, F, G, H, I, J, K & L MYR
SECTION N: RESERVATION FOR ACCOMPANYING PERSON (S) COMPLIMENTARY TOUR

Please note Accompanying Person (s) receive a complimentary City Tour as part of the registration fee. PLEASE STATE YOUR ATTENDANCE

METHOD OF PAYMENT

Payment should be made in Ringgit Malaysia (MYR) without charges for the beneficiary as follows:

- OPTION 1: CREDIT CARD

I hereby authorise "MSR-APLAR 2006" to debit my credit card.

To the value of MYR

Card Type [ ] VISA [ ] MAIN [ ] AMEX

Card Number ____________________________ Expiry Date ____________________________

Cardholder Name ____________________________

I understand that the sum of money drawn from my credit card will first be cleared with the credit card authorisation facility.

Signature (as per credit card) ____________________________ Date ____________________________

IMPORTANT: A clear photocopy of both sides of the credit card is required for bank approval and verification. Please fax to +60 3 4257 1133. We are unable to process your booking without the complete documents. Please note that the transaction will appear under the name "MSR-APLAR 2006" on your next statement. Should there be an error in the sum of the individual sections or in the grand total above made by the registrant, MSR-APLAR 2006 reserves the right to charge the correct grand total amount.

- OPTION 2: TELEGRAPHIC TRANSFER

Please make payment to: MSR-APLAR 2006

A/C NO.: 514 1234 349 45 SWIFT CODE: MBBEMYKL

MALAYAN BANKING BERHAD
66, 68 & 70, JALAN MAAROF, BANGSA BARU 59100 KUALA LUMPUR, MALAYSIA.

IMPORTANT: Kindly fax a copy of the telegraphic transfer confirmation form once payment has been made. Please fax it to +60 3 4257 1133.

Please send this completed form to: APLAR 2006 Congress Secretariat

AOS Conventions & Events Sdn Bhd (249774-X)

No 39 & 40, Jalan Mamanda 9, Ampang Point, 68000 Ampang, Kuala Lumpur Malaysia

Tel: +60 3 4252 9100 Fax: +60 3 4257 1133

E-mail: enquiry@aplar2006.com Website: www.aplar2006.com
CELEBREX®
(CELECOXIB)
Proven strength that lasts

CV safety profile – PROVEN up to 1 year compared to NSAIDs

PROVEN efficacy in acute pain, primary dysmenorrhea, OA and RA

GI safety – PROVEN

Abbreviated Prescribing Information
Composition: Celecoxib
Indications: For the management of acute pain in adults and for the treatment of primary dysmenorrhea. Relief of the acute and chronic pain and inflammation of rheumatoid arthritis and osteoarthritis.
Recommended dosage: Management of acute pain and treatment of primary dysmenorrhea: 400mg as a single dose on the first day followed by 200mg once daily on subsequent days. Patients may be instructed to take an additional dose of 200mg on any given day, if needed. Celebrex has been administered up to 2 hours prior to surgery. Osteoarthritis - 200mg once daily. Rheumatoid arthritis - 200mg twice daily. Doses up to 800mg per day have been studied. Use in the elderly: No dosage adjustment is necessary. Use in children below 18 years old has not been studied. No dosage adjustment is necessary in patients with mild hepatic impairment. There is no clinical experience in severe hepatic impairment. No dosage adjustment is necessary in patients with mild or moderate renal impairment. There is no clinical experience in patients with severe renal impairment. Contraindications: Hypersensitivity to any ingredient of the product. Known sulfonamide hypersensitivity. Special warnings and special precautions for use: Gastrointestinal. General precautions for NSAIDs should be borne in mind. NSAIDs should be prescribed with extreme caution in patients with a prior history of ulcer disease or gastrointestinal bleeding. Upper GI ulcers, bleeding or perforation caused by NSAIDs occur in approximately 1% of patients treated for 3-6 months and in about 3-4% of patients treated for 1 year. It is unclear how these rates apply to Celebrex. In controlled clinical trials of 1-6 months duration, 0.04% of patients experienced significant upper GI bleeding. Renal: Caution should be used in dehydration. It is advisable to rehydrate patients before starting Celebrex. Hepatic: In liver dysfunction, patients on Celebrex should be monitored for evidence of a hepatic reaction. Others: Use with caution in pre-existing aspirin-sensitive asthma. Fluid retention and edema. Pregnancy and lactation: Not recommended. Full prescribing information available upon request.

References: